

Workshops 1 day

LEADERSHIP: LEADER AS COACH

Overview

Coaching is the art of facilitating the development and performance of another person.

It is a means of raising awareness, enhancing accountability and responsibility. Most management development programmes now feature a coaching skills element – and rightly so. The days of a manager ‘telling’ a subordinate what to do in a hierarchical structure are fading fast.

This one-day session takes the behaviours and skills of coaching and places them firmly in the leadership context. It will help leaders to support individuals in achieving their goals, overcome challenges and move forward in their role within the organisation.

Who is it for?

This course is for any leader with a desire or a responsibility for developing individuals within their team.

What will I learn?

During this one day course you will develop your advanced communication skills (listening, challenging and guiding), which will benefit you in many areas of your work and life, as well as helping you to more effectively support, challenge and develop your team during future coaching sessions.

As well as learning about the methodology behind coaching, this workshop will also give you the opportunity to practice what you learn with a series of experiential sessions throughout the day.

Course content:

- Recognising when coaching is appropriate
- Developing the mindset of a coach
- Using your Emotional Intelligence skills to coach your team
- Deep listening and sophisticated questioning skills
- Working with strengths
- Advanced challenging and guiding skills
- Working with purpose, meaning and values
- Driving performance and gaining commitment
- The organisational context
- Coaching boards and SMTs

The above course is specifically for organisational leaders. If you are a Middle or Senior Manager looking for coaching training, please take a look at this alternative course

- [Coaching Skills for Managers](#)

If you are interested in this workshop, please let us know by entering your details into the box below. We will let you know when we will be running this workshop again.

BENEFITS OF THE COURSE

By the end of this session you will feel...

...confident in your ability to effectively support, challenge and develop others in your role as their coach.

COURSES

This course is also available in house.